

Hunters' Halloo

From the Editors

Ahhhhh! Can you feel it? Summer holidays are beginning and the stress is just draining away. Since both of your newsletter editors work in the school system, you can imagine how relaxed we are suddenly feeling.

I hope you have some plans to look forward to for the summer—that doesn't have to be a trip, although that's lovely if you do—but perhaps a special gathering, some days by a pool, or some visits with friends. I particularly enjoy having the time to read in the garden and do all of the other things that get put aside during the school year.

Lynn and I are both looking forward to a visit from our cousin. She comes to Canada for a few weeks almost every summer, but it is still always exciting to welcome her. She's done all of the touristy things at this point and now really just comes for movie nights, poolside days, girl time, pedicures, and lots of visits to little coffee shops.

And of course the other thing that summer brings is... Highland Games! I hope you'll be able to get to some in your area. It's always invigorating to hear the pipes, see the dancers, oooh and aaah at the heavy events, and of course taste the flavours.

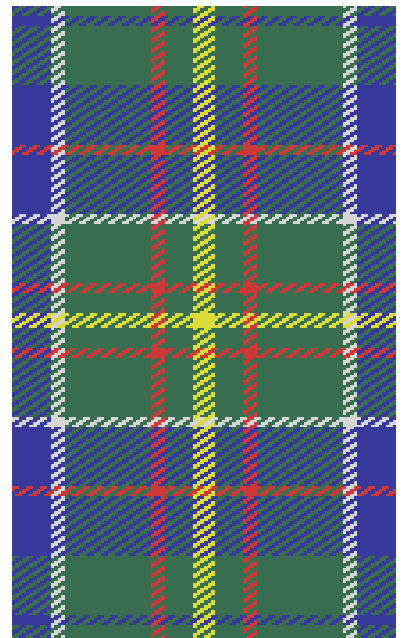
So whatever your summer has in store, we hope that it is relaxing and refreshing, filled with good people with whom you make some lovely memories.

Lynn & Lizz



Achmelvich Bay

<https://www.bbc.com/news/uk-scotland-53742892>



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Clan Hunter Association, Canada

This newsletter is for members and friends of Clan Hunter Association, Canada. If you have an important event in your family's life that you'd like to share, please send us a photo or two and a brief explanation of what you are celebrating. Graduations, new babies, birthdays, retirements, if you're celebrating, we'd like to know!

From the Clan Officer, Dale Hill

Greetings Clan Hunter Canada. Happy Summer and Happy belated Canada Day! It was great to see Madam Pauline post her best wishes to all of our members in Canada on Facebook on July 1st and know that she was thinking of us. I have had the privilege to connect with a number of Clan members over the last few months, some by email and others by phone. A group of us gathered in Guelph, Ontario in April for a meal and trivia together. It was wonderful to see each other during the year, not just in the summer. We are planning to hold a similar gathering again next year, so please share any ideas you might have with me (clanhunter.ca@gmail.com) or keep an eye out for details in a future newsletter.

We hope you will come visit Clan Hunter at one of the following festivals this summer and consider joining us in a parade of Clans if you are able. We look forward to meeting you there! If you're at the Fredericton Games on Saturday July 29, there are a small group of Clan Hunter members meeting for dinner at 6 pm. For more details, please email me or stop by the Clan Hunter tent that day.

- Sat July 29 and Sun July 30 - **New Brunswick Highland Games** (Fredericton, NB)
<https://www.highlandgames.ca/>
- Sat Aug 5 - **Glengarry Highland Games** (Maxville, ON)
<https://www.glengarryhighlandgames.com/>
- Fri Aug 11 to Sun Aug 13 - **Fergus Scottish Festival and Highland Games** (Fergus, ON)
<https://fergusscottishfestival.com/>

Have a safe and enjoyable summer everyone,

Dale

Clan Officer



From the Membership Secretary—Christine Hunter

Membership Report—Summer 2023

Since our last Newsletter we have welcomed 2 new members.

David Randall Hunter, who joins us from North Bay, Ontario.

David Benham, also from Ontario, but hailing from Keewatin

Welcome to these two new members, and if they manage to join us at the Fergus Games – make sure you welcome them to the Association.

The Games are a good way to get to know new and no-so-new members. We are all part of the Hunter Clan Association and many good friendships have been formed by meeting and greeting at Highland Games.

Just a gentle reminder that your membership dues of \$30.00 are now due. Please consider paying this commitment through paypal, or by cheque, made out to Clan Hunter, and mailed to our treasurer, Don Hunter, 439-8 The Donway East. Toronto. Ontario. M3C 3R7

Those who have already paid their dues for this current year will already have received your new membership card.

Christine Hunter, Membership Secretary



Clan Lunch and Get Together

In April, all who were available and within driving distance got together for a little lunch at Fionn MacCool's in Guelph. It was an informal affair—order what you like from the menu and a little trivia put together by Dale. As is said, “A good time was had by all.”



Above—Left to right: Al & Lynn Ball, Christine & Tom Hunter, Islay, Torry & Lizz Thibodeau, Dale Hill, Dianne Anderson, Megan Husk, Graham Hunter, Susan Hill, and Daphne Clarke.

To the right: The winning trivia team! Torry had the right idea, asking to be on the team with her nana & papa: past clan officer, natives of Scotland, and all-'round smarty-pants!



Scottish Highland Games

L	E	Q	B	A	I	V	Q	A	D	O	K	C	N	R	Z	U	B
C	M	S	K	J	L	H	F	S	T	R	H	A	E	P	A	X	M
A	B	G	C	I	Z	M	X	L	A	I	I	N	W	E	N	B	O
M	R	G	L	O	N	C	O	Z	B	L	G	M	B	N	T	R	N
B	O	O	O	E	T	C	Q	N	J	L	H	O	R	T	I	I	T
R	G	D	F	P	N	T	A	P	T	A	L	R	U	I	G	D	R
I	A	E	Z	E	X	G	I	R	G	E	A	E	N	C	O	G	E
D	M	R	O	S	R	C	A	S	D	C	N	V	S	T	N	E	A
G	E	I	E	J	Y	G	U	R	H	I	D	I	W	O	I	X	L
E	S	C	D	H	J	V	U	Q	R	X	N	Y	I	N	S	Z	Q
L	T	H	Y	K	Q	Z	H	S	S	Y	N	E	C	R	H	O	V
S	H	E	R	W	O	O	D	P	A	R	K	W	K	K	H	T	I

Find the following words in the puzzle.

Words are hidden → ↓ and ↘.

ALMONTE
ANTIGONISH
CAMBRIDGE
CANMORE
EMBRO
FERGUS
GAMES

GLENGARRY
GODERICH
HIGHLAND
KINCARDINE
MONTREAL
NEW BRUNSWICK
ORILLA

PENTICTON
SCOTTISH
SHERWOOD PARK
UXBRIDGE

Scottish Highland Games... In Canada

Here is a list, from highlandgamesandfestivals.com/events-in-Canada that lists many (I'm not going to promise that it's all of them) of the Scottish Festivals and Highland Games throughout Canada. If there is one in your area, why not check it out!

July 22	Ontario—Uxbridge Scottish Festival
July 22-23	Alberta—Sherwood Park Highland Gathering
July 28-30	New Brunswick—NB Highland Games in Fredericton
Aug. 5	Ontario—Glengarry Highland Games in Maxville
Aug. 6	Quebec—Montreal Highland Games in Verdun
Aug. 7-11	Ontario—Celtic College and Celtic Kids' Day Camp
Aug. 11-13	Ontario—Fergus Scottish Festival & Highland Games
Aug. 11-13	Ontario—Goderich Celtic Roots Festival
Aug. 18-19	Quebec—Festival Celtes et Cie de Saint-Malachie
Sept. 2	Alberta—Canmore Highland Games
Sept 8-10	Quebec—Festival Celtique de Quebec dans la ville de Quebec.
Sept. 16	Ontario—Celtic Island Festival on Toronto Island
Oct. 6-14	Nova Scotia—Celtic Colours International Festival in Cape Breton

Did You Know?

- The Braemar Gathering held every September in Aberdeenshire is considered the most prestigious Games in the world as it is attended by members of the Royal Family every year. Queen Elizabeth II only missed four games during her 70-year reign and was the longest serving Royal to be a member of the Braemar Royal Highland Society.
- Looking for an interesting competition not usually found elsewhere? Look no further than the Alaska Scottish Highland Games which includes a Salmon Toss!
- The Ceres Highland Games held each June in Fife is the oldest free games in Scotland and began under a Charter awarded by Robert the Bruce in recognition of the villager's support at the Battle of Bannockburn in 1314.
- The largest event in terms of athletics is the Cowal Highland Gathering (in Argyll Scotland) which boasts upwards of 3,500 athletes competing.
- The largest event in terms of spectators is the Scottish Highland Gathering and Games hosted by the Caledonian Club of San Francisco held in Pleasanton, CA every year. It boasted nearly 50,000 spectators in 2015! Similarly, they are also the oldest games in the U.S. and are celebrating 157 years in 2023.
- The Royal Scottish Highland Games Association which is the governing body of events in Scotland requires all competitors in Heavy athletics to wear kilts.
- Highland Dancing used to be an all-male event as it was once an act of warriors imitating epic deeds from Scottish folklore. Today it is more than 95% female.

Source: Keefer, Genesis Moss. Highland Games and Festivals. highlandgamesandfestivals.com

Scottish Recipes—Mince & Tatties

Ingredients

Mince:

- 1 lb (454 gr) extra lean ground beef
- 1 medium yellow onion, finely chopped
- 2 medium garlic cloves, minced
- 2 tbsp cornstarch
- 1/4 cup dry red wine
- 1 cup beef broth (I use OXO Beef and I use 2 small packages (4.5 grams each) per 1 cup of water)
- 2 medium carrots, peeled and chopped into small pieces (around 5 cm)
- 1 cup fresh, canned or frozen peas
- 2 tbsp Worcestershire sauce

Potatoes:

- 4 large russet potatoes, peeled and cut into quarters
- 2 medium dried bay leaves (optional)
- 1 tsp kosher salt
- 2 tbsp unsalted butter
- 1/2 cup whole milk
- 1/2 tsp fresh ground black pepper

Instructions

Mince:

1. Brown beef in a large skillet over medium-high heat, breaking meat up with a wooden spoon if necessary. Once beef starts to brown add onions to the skillet. Cook for a few minutes until vegetables start to soften, but not brown. Add garlic and cook stirring for 1-2 minutes. Add wine and deglaze pan by scraping the bottom with spoon. Allow wine to reduce and evaporate by more than half.
2. Sprinkle cornstarch over beef and vegetables, and stir to fully coat ingredients (and avoid any cornstarch lumps).
3. Slowly add beef broth, starting with a tablespoon or two and gradually increasing quantity. Once broth is added, bring pot to a boil and reduce heat to low.
4. Simmer, uncovered for about 20 minutes, until sauce has thickened and reduced slightly. Add carrots, peas and Worcestershire sauce. Cook for 15-20 minutes, until carrots have reached desired tenderness.
5. Season lightly with salt and pepper.

Potatoes:

1. Meanwhile, place potatoes and bay leaves (if using) into a large sauce pan and cover with 2-3" of cold water. Add 1 tsp of salt and bring to a boil over high heat. Reduce heat to a strong simmer and cook for around 20-25 minutes until tender.
2. Drain water and let potatoes air dry in the strainer (do not rinse!). Add milk and butter to pan and cook over low heat until butter has melted and milk has warmed. Return potatoes to pan with milk and butter and mash until desired consistency has been reached. Season with salt and pepper

Assembly:

1. Serve mince over tatties and garnish with chopped fresh parsley if desired.

Source: "Scottish Mince Recipe with Tatties." *My Kitchen Love*, 4 Oct. 2020, www.mykitchenlove.com/scottish-mince-tatties/.



Fergus Scottish Festival & Highland Games

AUGUST 11-13 2023



Outlander star
RICHARD RANKIN



GLASS TIGER

WORLD HEAVY EVENTS CHAMPIONSHIP

AND SO MUCH MORE!

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fergusscottishfestival.com

For the full schedule of events, go to fergusscottishfestival.com/schedule-2023